

**SAMPLE BULLETIN INSERT**

**Early Detection is the KEY to survival. Together we can SAVE lives…**

**Did You KNOW???**

* 1 in 8 women will develop breast cancer in her lifetime.
* In 2016, it is estimated that 246,660 American women will be diagnosed with invasive breast cancer, and 40,450 will die of the disease. That’s one every 13 minutes.
* Breast Cancer affects families, not just the person diagnosed. Family, friends and co-workers can feel the effects as well.
* There is a 99% is the probability of survival – but only in cases of early detection and treatment before the cancer has spread.

## What You Can Do Now

* Get a mammogram during your birthday month each year. Schedule it now!
* Remind 5 friends to get a mammogram.
* Offer to help a friend schedule to their mammogram appointment.
* Ask your doctor to post a reminder to patients reminding them to get a mammogram.
* Request a speaker for your women’s group to speak about breast cancer.

**Visit the Komen NCTC website** [**www.komennctc.org**](http://www.komennctc.org) **for more information about breast health resources in your community.**